#### **Development of the Healthy Torbay monitoring framework**

**Phase 1** of the Healthy Torbay Framework centred on raising awareness of the wider determinants of health within Torbay Council, capturing linked work already underway and developing cross department upstream interventions. The framework included a set of **Work Areas** covering a broad spectrum including the built environment, lifestyle behaviours and social and physical connectivity.

We have been working to develop the monitoring of Healthy Torbay into a more robust and meaningful framework including measures of success for each of the Work Areas. This is to include national indicators such as those featured in the Public Health Outcomes Framework (PHOF) as well as important localised measures to both complement the national indicators as well as making the performance applicable and meaningful at the local level - giving a more immediate sense as to whether we are 'making a difference.' A good example is in regard to Physical Activity where we are restricted in the PHOF to useful but limited survey data on current levels of adult physical activity and inactivity set against Chief Medical Officer Guidelines. By capturing local data in regard to projects such as Active Mum's, Street Games and Beginners Running we can establish some local proxies for success, especially when the data includes take-up from our areas of inequality, where levels of inactivity and obesity are highest.

Phase 2 of the Healthy Torbay Framework will see the broad based Work Areas listed above continue as 'business per usual' alongside partnership work in three Focus Areas: Social, Environment and Economic as well as a communications campaign. Our intention is that each of these Focus Areas will include a small number of Flagship Projects — each featuring innovative, high impact delivery to be identified and overseen by a partnership Community of Practice that will now not only comprise Local Authority members but will also include external partners, such as the NHS, local communities and the voluntary and commercial sectors.

As we progress Healthy Torbay our intention is that the 'business as usual' aspect will continue to be monitored and that project update reports will be produced for the three new Focus Areas. We have worked to develop the monitoring framework and this pack provides examples (such as Physical Activity and

	110	althy To	льау -	Тпазс	T DUSI													
						V	Vork Area	as			A duit		Domostic					
Code Public Health Outcomes Framework (PHOF): Outcome Indicators	Housing	Planning & Environment	Transport	Physical Activity	Healthy Food			Healthy Workplace	Social Isolation	Alcohol Control & Awareness	Adult Emotional Health & wellbeing	Poverty & Job Creation	Domestic Abuse & Sexual Violence	Time Period	Torbay Value	National Value	Unit of measure	Guide
1.10 Killed and seriously injured (KSI) casualties on England's roads (Persons)		¥	¥											2012-14	34.1	39.3	Per 100,000	
<ul><li>1.11 Domestic Abuse</li><li>1.17 Fuel poverty(Persons)</li></ul>													<b>✓</b>	2014-15 2013	20.9 12.8	20.4 10.4	Per 1,000	Lower is B
<ul><li>1.17 Fuel poverty(Persons)</li><li>2.03 Smoking status at time of delivery</li></ul>	~						<b>~</b>							2013	16.1	11.4	% %	Lower is B
2.14 Smoking prevalence - routine and manual							<b>✓</b>							2014	29.5	28.0	%	Lower is B
2.18 Admission episodes for alcohol-related conditions - narrow definition										<b>✓</b>				2014-15	770.0		Per 100,000	
3.01 Fraction of mortality attributable to air pollution						,								2013 2014-15	3.90	5.3 66.3	%	Lower is B
<ul> <li>1.02i School Readiness: The percentage of children achieving a good level of development at the end of reception</li> <li>1.09i Sickness absence - the percentage of employees who had at least one day off in the previous week</li> </ul>						<b>~</b>		<b>,</b>						2014-13	64.4 2.0	2.4	% %	Higher is E Lower is B
1.09ii Sickness absence - the percentage of working days lost due to sickness absence								· •						2011-13	1.4	1.5	%	Lower is B
1.12i Violent crime (including sexual violence) hospital admissions for violence													V	2013-15	55.4	47.5	Per 100,000	Lower is B
1.14ii The percentage of the population exposed to road, rail and air transport noise of 65dB(A) or more, during the daytime		<b>✓</b>	<b>✓</b>											2011	4.6	5.2	%	Lower is B
<ul> <li>1.15ii Statutory homelessness - households in temporary accommodation(Persons)</li> <li>1.18i Social Isolation: percentage of adult social care users who have as much social contact as they would like</li> </ul>	<b>~</b>								<b>~</b>					2014-15 2014-15	0.4 43.9	2.8 44.8	Per 1,000 %	Lower is B Higher is B
1.18ii Social Isolation: percentage of adult social care users who have as much social contact as they would like									~					2014-15	41.5	38.5	%	Higher is E
2.06i Excess weight in 4-5 year olds				<b>~</b>	•	V								2014-15	24.1	21.9	%	Lower is E
2.06ii Excess weight in 10-11 year olds				<b>~</b>	~	<b>V</b>								2014-15	32.1	33.2	%	Lower is E
2.07i Hospital admissions caused by unintentional and deliberate injuries in children (aged 0-4 years)(Persons)	<b>~</b>					•								2014-15	137.5	137.5	Per 10,000	Lower is B
<ul> <li>2.07i Hospital admissions caused by unintentional and deliberate injuries in children (aged 0-14 years)(Persons)</li> <li>2.07ii Hospital admissions caused by unintentional and deliberate injuries in young people (aged 15-24 years)(Persons)</li> </ul>	<i>y</i>					•								2014-15 2014-15	121.2 189.2	109.6 131.7	Per 10,000 Per 10,000	Lower is B
2.09i Smoking prevalence at age 15 - current smokers (WAY survey)	V						~							2014-15	13.6	8.2	%	Lower is B
2.09ii Smoking prevalence at age 15 - regular smokers (WAY survey)									\					2014-15	10.4	5.5	%	Lower is B
2.09iii Smoking prevalence at age 15 - occasional smokers (WAY survey)							•							2014-15	3.2	2.7	%	Lower is B
2.11i Proportion of the population meeting the recommended '5 a day'					•									2015	49.5	52.3	%	Higher is B
2.13i Percentage of physically active and inactive adults - active adults		•	~											2014 2014	52.4	57.0	%	Higher is B Lower is B
<ul> <li>2.13ii Percentage of physically active and inactive adults - inactive adults</li> <li>2.23i Self-reported wellbeing - people with a low satisfaction score</li> </ul>		•	*	<u> </u>							<u> </u>			2014	34.2 6.9	27.7 4.8	% %	Lower is B
2.23iv Self-reported wellbeing - people with a high anxiety score											· ·			2014-15	22.6	19.4	%	Lower is B
2.24i Injuries due to falls in people aged 65 and over(Persons)	<b>~</b>													2014/15	2,038.41	2124.6	Per 100,000	Lower is B
Output Measures																		
1 Number of homes where energy efficiency measures delivered	V													2015-16				
2 Number of homes visited under DSFRS Home Safety Visit Plus scheme	~													2015-16	_		Count	Higher is E
Number of Homeless rough sleepers	<b>✓</b>													2013 2015/16	5.0 5.0		Count Count	Lower is B
4 HIA completed 5 HIA agreed		\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \												2015/16	1.0		Count	Higher is B Higher is B
6 HIA agreed		-												2016/17	10.0	10.0	Count	Higher is B
7 HIA agreed		<b>/</b>												2017/18	20.0	10.0	Count	Higher is B
8 Active Mums		<u> </u>		<b>~</b>														
9 School Games				•														
10 Change of Life Clubs 11 Street Games				<u> </u>														
12 Beginner Running				<u> </u>														
13 Bay Walks				<b>~</b>														
14 School Meal Inspections completed					<b>~</b>													
15 NCMP metrics to be confirmed					<b>V</b>													
<ul><li>Sugar Reduction metrics to be confirmed</li><li>Voluntary Improvement Plans delivered</li></ul>		+			<b>Y</b>													
19 Number of food outlets signed up to Childrens Healthy Food Menu					~													
20 Tier 2 Weight Management activity					•													
21 Tier 3 Weight Management activity					~													
Tier 2 - achieving weight loss					<b>V</b>													
<ul> <li>Tier 3 - achieving weight loss</li> <li>Smoking attributable mortality</li> </ul>					<b>Y</b>		<b>✓</b>							2011-13	280.8	288.7	Per 100,000	Loweric
27 Smoking attributable hospital admissions							<b>~</b>							2011-13	1987.0	288.7 1645	Per 100,000 Per 100,000	
28 Numbers of businesses achieving Wellbeing at Workplace charter								•						2015-16 YTD	1.0			Higher is E
Number of businesses signed up the the Wellbeing at work charter								<b>~</b>						2015-16 YTD	1.0			Higher is B
Number of mental health cases									<b>~</b>									
		1								<b>✓</b>								
31 Alcohol Related Assaults			1		1			1		<b>.</b>	1	l .				l e	I	
31 Alcohol Related Assaults 32 Other Alcohol Related Injury										. 4								
31 Alcohol Related Assaults										<b>~</b>								
31 Alcohol Related Assaults 32 Other Alcohol Related Injury										V				SIGN	IFICANCE SYI	MBOLS		
Alcohol Related Assaults Other Alcohol Related Injury										V		Significance	represents the	SIGN statistical signfic		MBOLS	_	antly Better Significant

# **Healthy Torbay Priority - Physical Activity**

Strategy/Plan

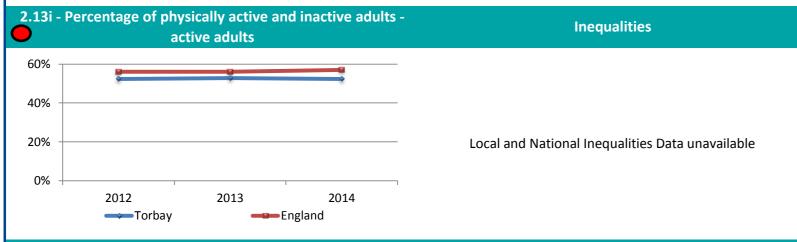
Physical Activity Action Plan

Areas of Work

Activities to promote wellbeing and inclusion/Sports and Leisure Development/Promotion of Active

Travel/Development of Tier 1

Output/Process Measures											
Indictors	RAG	Time Period	Torbay Value	Target	National Value	Unit of Measure	Notes				
Active Mums membership		2014				Count					
Active Mums increased Physical Activity		2014				%	Email to Kirsty to identify how increased PA is actually being measured.				
School Games											
Change of Life Clubs											
Street Games membership		2014									
Beginner Running membership		2014				Count					
Beginner running increased Physical Activity		2014				%	Email to Kirsty to identify how increased PA is actually being measured.				
Bay Walks											



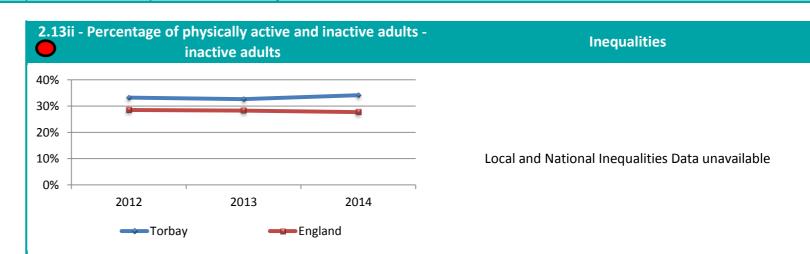
### Interpretation

Latest data for 2014 shows that torbay (52.4%) is significantly worse compared to the England average (57%). Previously for 2012 and 2013, Torbay was not significantly different compared to the England average.

#### Response

Commissioning responsibility - PH Budget cost - £ Lead PH - Main PH role:





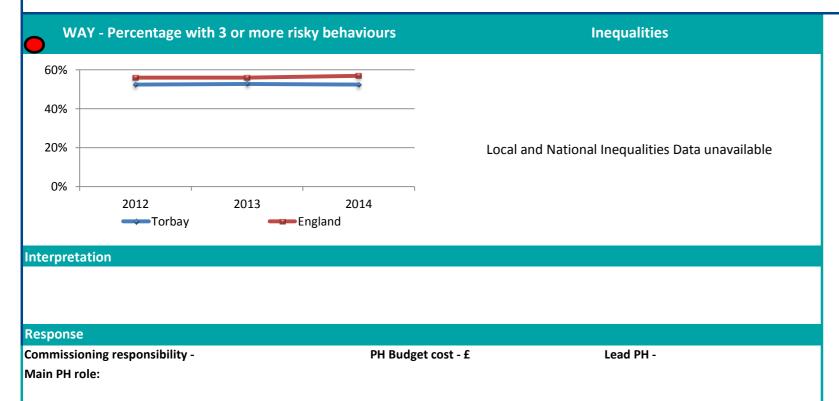
### Interpretation

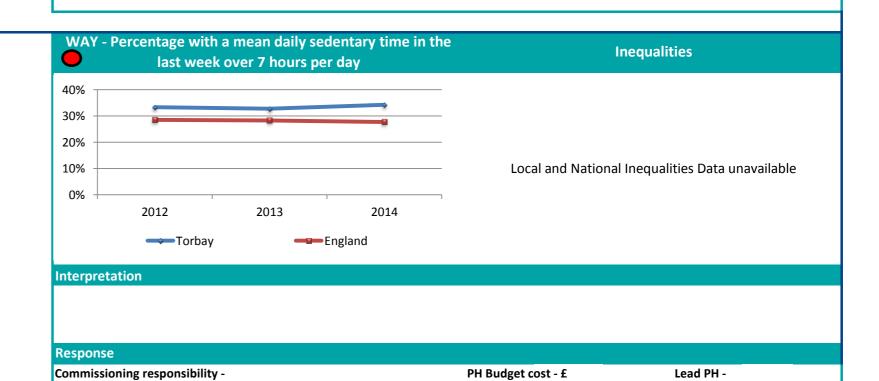
Torbay continues to be significantly worse compared to the England average. In 2014, 34.2% of physically active adults and inactive adults were inactive.

#### Response

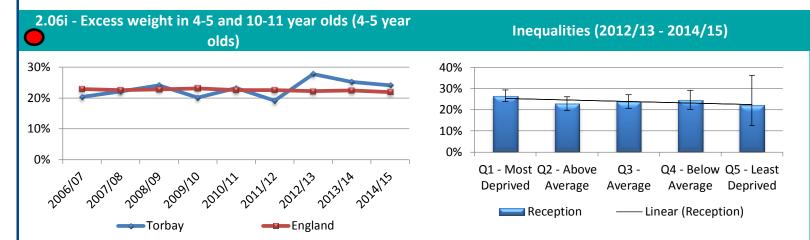
Main PH role:

Commissioning responsibility - PH Budget cost - £ Lead PH - Main PH role:





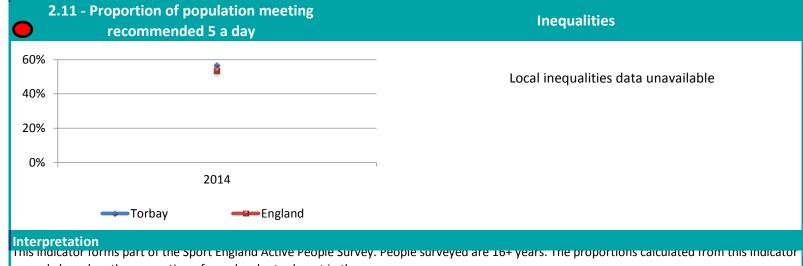
Healthy Torbay Priority - Healthy Food											
Strategy	//Plan		Areas of Work								
Healthy Weig	tht Strategy		Proactive follow-up of NCMP data/Healthy Schools Pilot/Commercial Menus/Growing initiatives								
Output/Process Measures											
Indictors	RAG	Time Period	Torbay Value	Target	National Value	Unit of Measure	Notes				
School Meal Routine Inspections			,	Ü		Count					
School Meal voluntary improvement plans agreed and in progress											
NCMP metrics to be confirmed											
Sugar Reduction metrics to be confirmed											
Voluntary Improvement Plans delivered											
Number of schools signed up to Healthy Schools	-	2014/15	3	-	-	Count					
Number of food outlets signed up to Childrens Healthy Food Menu	-	2014/15	7	10 -20	-	Count					
Tier 2 Weight Management activity						Count					
Tier 3 Weight Management activity						Count					
Tier 1 - achieving weight loss						%					
Tier 2 - achieving weight loss											
Tier 3 - achieving weight loss											
Tier 4 - achieving weight loss						%					



### Interpretation

Torbay continues to be significantly worse compared to the England average for excess weight in reception children. Latest data shows that almost 1 in 4 reception children (24.1%) are either overweight or obese. There is a weak association between this indicator and deprivation and although the value in the most deprived is higher than the least deprived, it is not signficantly different.

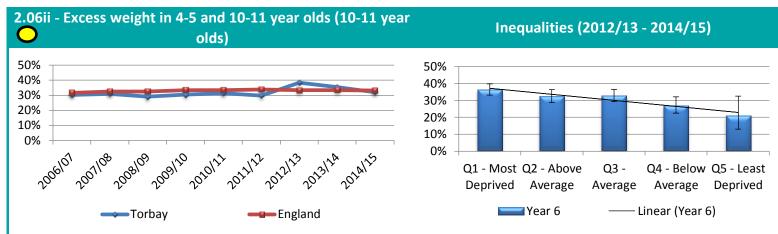
PH Budget cost - £ Lead PH -Commissioning responsibility -Main PH role:



Response

Commissioning responsibility -PH Budget cost - £ Lead PH -

Main PH role:



## Interpretation

Torbay (32.1%) remains not signficantly different compared to the England average (33.2%), yet almost 1 in Year 6 pupils are either overweight or obese. There is a strong association between this indicator and deprivation with the difference between most deprived and least deprived being significantly different.

# Response

PH Budget cost - £ Lead PH -Commissioning responsibility -Main PH role:



Interpretation
Recent data for 2014/15 snows that forbay is significantly worse compared to the England average for the % of 15 year olds engaging with 3 or

Response

Commissioning responsibility -PH Budget cost - £ Lead PH -

Main PH role: